

## LOKNITI-CSDS KOTA STUDY 2023

F1. Locality: \_\_\_\_\_

F2. Name of the Respondent: \_\_\_\_\_

F3. Name of the Investigator: \_\_\_\_\_

My name is and I have come from the Centre for the Study of Developing Societies (also give your university's reference), a social science research organisation in Delhi. We are conducting a survey to find out student's opinion about the overall coaching experience in KOTA. For this purpose, we are interviewing students who are currently enrolled in various coaching institutions in KOTA. Your participation in this survey is voluntary but if you take part in this survey and answer our questions, you will help us in understanding the issues and problems of the students who are studying and preparing for their upcoming entrances here. This survey is an independent study and is not linked to any political party or government agency. Whatever information you provide will be kept strictly confidential. The findings of this survey will be used for research purposes. It usually takes about 15-20 minutes to complete this interview. Please spare some time and help me in successfully completing the survey.

F4. Have you enrolled in any coaching centre?

1. Yes
2. No (**End the interview**)

F5. Would you like to take part in this interview?

1. Yes
2. No (**If the respondent is not enrolled in any coaching institute, end the interview**)

### INTERVIEW BEGINS

#### Student Profile:

Q1. What is your age? (**Write down the age; if not told please write 0**) \_\_\_\_\_ years old

Q2. Gender (**determine on your own**)

Male

Female

Other \_\_\_\_\_

Q3. Why have you come to KOTA?

1. To prepare for JEE
2. To prepare for NEET. I stay here in KOTA

4. Preparation of any other competitive exam

97. Any other \_\_\_\_\_

98. No response

Q4. Which **state** have you come from? (**Please note down the name of the state and click on the options given below** ) \_\_\_\_\_

Q4a. Is your home there - in a city, a small town or a village?

1. City

2. Small Town

3. Village

Q5. Where do you currently reside here in KOTA?

1. PG

2. Hostel

3. Rented apartment

4. I'm a domicile of KOTA

97. Any other \_\_\_\_\_

98. No response

Q6. What is your current level of education? (**Please note down the class and click on the options given below** ) \_\_\_\_\_

1. 6th

2. 7th

3. 8th

4. 9th

5. 10th

6. 11th

7. 12th

97. Any other \_\_\_\_\_

98. No Response

Q7. Are you enrolled in any school/interim college?

1. Yes

2. No

Q7a. Is it regular or distant schooling?

1. Dummy school/irregular/online

2. Regular classes

98. No response

Q8. Is there anyone in your family who attended coaching in KOTA other than you?

1. Father
2. Mother
3. Sibling
4. Cousin
5. Extended family member
6. No one
97. Any other \_\_\_\_\_
98. No response

Q9. For how long have you been living here in KOTA?

1. Less than 6 months
2. 1 year
3. 2 years
4. 3 years
5. 4 years and above
98. No response

Q10. From where did you get to know about coaching in KOTA?

1. Family
2. Friends
3. Social media
97. Any other \_\_\_\_\_
98. No response

Q11. How did you decide to start taking coaching classes at KOTA?

1. Friends were going so s/he decided to go as well.
2. Parents sent him/her
3. Learned about the reputation of the coaching centers and desired to crack the exam.
97. Any other \_\_\_\_\_
98. No Response

Q12. With whom do you live with, in your current place of residence (KOTA)?

1. I live with my closed ones (Parents/sibling)
2. Friends
3. I live alone
97. Any other \_\_\_\_\_
98. No response

Q13. Can you tell us from your experience if the food offered in the hostel/P.G. is- very good, okay or not good for the students?

1. The food here is very good

- 2. The food here is okay
- 3. The food here is not good
- 97. Any other
- 98. No Response \_\_\_\_\_

Q14. How many times have you appeared for the JEE or NEET exam?

- 1. This would be my first attempt
- 2. Once
- 3. Twice
- 4. Three times or more
- 98. No response

Q15. Before getting admitted for coaching here in KOTA, did you take any other coaching somewhere else?

- 1. Yes
- 2. No
- 98. No response

Q16. After being away from their families for some time, students frequently mention feeling homesick in this environment. How often do you feel homesick?

- 1. Very often
- 2. Sometimes
- 3. Rarely
- 4. Never
- 97. Any other \_\_\_\_\_
- 98. No response

Q17. How often do you visit your parents/hometown?

- 1. Once a month
- 2. Once every 3 months
- 3. Once every 6 months
- 4. Once a year
- 5. I haven't gone home from the time I came to K O T A
- 6. I can't go home, because of financial limitations
- 97. Any other \_\_\_\_\_
- 98. No response

Q18. How often your parents come to visit you?

- 1. Once a month
- 2. Once every 3 months
- 3. Once every 6 months

- 4. Once a year
- 5. Parents can't visit me, because of financial limitations
- 97. Any other \_\_\_\_\_

98. No response

Q19. How many hours do you spend daily in coaching institute? (**Please note down the hours** ). \_\_\_\_\_

Q20. How much is your annual coaching fees, including all the study material, books and uniforms?

- 1. 50,000 or below
- 2. 50,000 - 1 Lakh
- 3. 1 Lakh - 2 Lakhs
- 4. 2 Lakhs - 3 Lakhs
- 5. 3 Lakhs and above
- 98. No response

Q21. How important is it for you to crack the entrance?

- 1. Extremely important
- 2. Somewhat important
- 3. Not important (I came here because I wanted to stay away from home)
- 97. Any other \_\_\_\_\_
- 98. No Response

Q21a. How confident are you that you will crack the upcoming entrance exam?

- 1. Yes, I am fully confident
- 2. Somewhat confident
- 3. Not much confident
- 4. Difficult to say right now
- 98. No answer

Q22. Have you made new friends here in KOTA or you have friends from your hometown?

- 1. I have new friends here
- 2. I have friends from my hometown only.
- 3. I have friends here in KOTA and I'm in touch with my old friends as well.
- 97. Any other \_\_\_\_\_
- 98. No response

### **Stress and Strain**

Q23. While living in Kota for coaching how often do you feel the following-- often, sometimes, rarely or never?

**1.Often    2. Sometimes    3.Rarely    4. Never    98. NR**

- a. Loneliness
- b. Stress
- c. Fear of under-performance

Q24. How often do you feel these kinds of pressure while preparing for your competitive exams and attending coaching in Kota--- often, sometime, rarely or never?

**1.Often    2. Sometimes    3.Rarely    4. Never    98. NR**

- a. Family pressure
- b. Financial pressure
- c. Peer pressure

Q25. After coming to Kota, did you find a friend/confidant to share your feelings and thoughts when you feel low or demotivated?

- 1. Yes
- 2. No
- 97. Any other
- 98. No response

Q26. What would you normally do when you are extremely stressed.? **(Can choose more than one option)**

- 1. Talk to family/friends/sibling
- 2. Go to sleep
- 3. Go for a walk/start exercising/meditate
- 4. Start studying
- 5. Watch web series/TV , listen to music
- 6. I go out for a smoke
- 7. I consume alcohol
- 8. I don't know what to do
- 97. Any other \_\_\_\_\_
- 98. No response \_\_\_\_\_

Q27. Some people complain that students are being discriminated on various accounts in Kota. Please tell me how often have you felt discriminated about the following– frequently, sometimes, never?

**1. Frequently    2.Sometimes    3. Never    98.NR**

- a. Economic status/condition
- b. Caste
- c. Gender
- d. Religion
- e. Your state of origin/region

- f. Medium of instruction (language)
- g. Based on your academic performance

Q28. Do you believe that the “weekly tests” that are conducted in coaching institutions every week are required for students to succeed in entrance exams, or they only serve to increase stress for students?

- 1. The weekly tests help a lot.
- 2. These tests can be conducted sometime
- 3. Yes, these tests add up to our already existing stress
- 97. Any other \_\_\_\_\_
- 98. No Response

Q29. During your stay here at, did you observe an increase or decrease in these emotions?

**1. Increase      2. Decrease      3. No change.      98. NR**

- a. Loneliness
- b. Fear
- c. Pain (body ache, stomach ache, headache)
- d. Mood swings
- e. Fatigue
- f. Anger
- g. Nervousness
- h. Sadness
- i. Depression
- j. Frustration

Q30. During your stay here at KOTA, have you ever thought of hurting yourself or ending your life?

- 1. Yes
- 2. No
- 98. No response

Q31. After coming to Kota, did you ever take any kind of sleeping medication?

- 1. Yes, only once
- 2. Often
- 3. Sometimes
- 4. Never
- 98. No response

Q32. How would you describe your overall mental health during your stay here in KOTA if compared to before – has it improved or deteriorated?

- 1. It has improved

- 2. It has deteriorated
- 3. It remained the Same
- 98. No response

Q33. Can you approach your teachers/mentors here in the coaching centers, regarding your problems or issues that are not related to academics?

- 1. Yes, they are approachable
- 2. No, they don't talk/ not approachable
- 98. No response

Q34. Recently, we have been hearing a lot of news regarding suicide. After knowing about these stories, have you or your classmate's lost motivation in any way towards attaining your academic goal?

- 1. Yes
- 2. No
- 98. No response

Q35. To relieve the burden from studying, do you think every coaching center should make arrangements for students to have at least one-day set apart for leisure activities?

- 1. Yes
- 2. No
- 97. Any other
- 98. No response \_\_\_\_\_

Q36. During you stay in Kota, did you feel the need to go to a mental health professional/psychiatrist for mental health difficulties? **(if the respondents say 'No', carefully read the option 2 to 5 and code the correct option)**

- 1. Yes, I visited a Mental Health Professional
- 2. No, I have suffered as I couldn't afford therapy
- 3. No, I couldn't because there is a stigma around it
- 4. No, I prefer to be fight it alone by myself.
- 5. No, there is no access to such facilities
- 97. Any other \_\_\_\_\_
- 98. No Response

Q37. The money you get from home, is it sufficient to fulfil your expenses?

- 1. Yes
- 2. No
- 98. No response

Q37a. If it is not sufficient, what do you do?

1. I borrow money
2. Ask parents for extra money
3. Doing a part time job
97. Any other
98. No Response \_\_\_\_\_

Q38. I will now ask you some question about your experience **before and during your stay in KOT A**. For each, please tell me how these have changed? (Read all the answer categories except no response for each of them)

**Before KOTA**                      **During your stay in KOT A**

a. What time did you/do you usually sleep?

1. Between 8 and 10 pm
2. Between 10 pm and 12 am
3. Later than 12 am
98. No response

b. What time did you/do you usually wake up?

1. Before 6 am
2. 6-7 am
3. 7-9 am
4. After 9 am
98. No response

c. How many meals a day?

1. 3
2. 2
3. 1
4. Not fixed
98. No response

d. Exercising/walking:

1. Not routinely
2. One or two times a week
3. Three or four times a week
4. Five to six times a week
5. Almost daily
98. No response

e. Self-study time:

1. 1-3 hours

2. 3-6 hours
3. 7-10 hours
4. More than 10 hours
98. No response

Q39. How often do you engage in each of the following to divert your attention from your studies?

**1. Once a day 2. Once a week 3. Once a month 4. Rarely 5. Never**

**98.NR**

- a. Reading anything else other than syllabus
- b. Use social media for sometime
- c. Catch up with friends
- d. Talk to family
- e. Meditate/Exercise/yoga
- f. Leisure activities like Watch movies/TV series/music

Q40. Sometimes we hear students indulging in substance to release stress. How often do you come across students getting involved in such instances?

**1. Frequently 2. Sometimes 3. Never 98.NR**

- a. Smoking
- b. Alcohol
- c. Drug

Q41. After your coaching experience here in KOTA, will you suggest anyone to take coaching here?

1. Yes
2. No
3. The education quality in Kota has degraded
4. Too much pressure
98. No Response

### **Aspiration and Ambition**

Q42. If you clear JEE or NEET , what will change in your life?

1. Economic conditions will become better
2. Respect in society will increase
3. I will settle down
4. Passion fulfilment
97. Any other \_\_\_\_\_
98. No Response

Q43. We sincerely wish you well on your forthcoming entrance exam, but if you are unable to pass it, what other options do you have in mind besides continuing your studies?

1. I will clear this entrance no matter what
2. I have other plans
3. I have no plans
4. I will start my own startup
5. I have not thought about it
97. Any other
98. No Response \_\_\_\_\_

#### BACKGROUND DATA

Z1. What is the occupation of the main earner of your family? (**First note down the response in the space given below and then click on the right/most suitable option from the menu provided** )

1. Higher Professionals: Engineers, Doctors, Lawyers, Chartered Accountants, Professors Etc.
2. Lower Professionals: Computer Operator , Data Entry, Ayurvedic Doctor , Nurse, School Teacher, Tutor, Priest, Astrologer , NGO worker etc.
3. Government Managerial job: Manager , Director , Executive, MP, MLA etc.
4. Government Administrative job: First-Second Class Officer , Major in Army, Colonel, Brigadier, Police Inspector.
5. Government Clerical Jobs: Class III Officers, Clerk, Typist, Army Jawan, Police Constable
6. Government Class IV: Peon, Postman, Gram Sevak, Amin, Safai Karamchari etc.
7. Big and Medium Traders: Big Shop keepers, Factory Owners, Hotel Owners, Petrol Pumps, Taxi Owners, Big Travel Agency, Small Hotels, Property Dealers, Jewellers etc.
8. Small Trader: Grocery Shop, Small Travel Agency, Phone Booth, Broker , Parlour , Rickshaw Owner , Landlord, etc.
9. Small/Temporary Business: Temporary Shopkeeper , Sales Man, Delivery Boy, Shop Assistant.
10. Service/Service Area: Cook, Waiter , Washerman, Barber , Domestic Servant, Chowkidar , Private Guard, Safai Karamchari etc.
11. Skilled Workers: Driver , Mechanic, Electrician, Plumber , Jeweller , Tailor , Cobbler , Carpenter , Sailor
12. Semi-skilled workers: Artisans, bricklayers, potters, stonecutters, furniture, basketry, matmakers
13. Wage labourer: Rickshaw pullers, loaders, construction workers etc.
14. Farmer: tilling own land or someone else's land
15. Agricultural Labourer: Landless farm labourer
16. Dairy/Fish/Poultry/Animal Husbandry work
17. Student but doing part time job
18. Housewife/househusband but doing part time job
19. Unemployed or looking for employment

97. Any other work(specify)

98. NR

Z2. Can you specify the educational qualification of your father?

0. Non-literate (Can't read or write at all)
1. Less than Primary
2. Primary pass (Class 5)
3. Middle pass (Class 8)
4. Matriculation pass (Class 10)
5. Intermediate pass (Class 12)
6. Diploma (after Class X or XII)
7. Graduate/pursuing it/in college
8. Post Graduate/pursuing it
9. Higher degree (MPhil, PhD)
10. Professional courses/degree/pursuing it (Law, engineering, etc.).
98. No response

Z3. What is your caste group – SC, ST , OBC or general?

1. Scheduled Caste (SC)
2. Scheduled Tribe (ST)
3. OBC
4. General
97. NR

Z4. Which religion do you belong to?

1. Hindu
2. Muslim
3. Christian
4. Sikh
5. Jain
6. Parsi
7. Buddhist
8. No religion
98. No response

Z5. What's your monthly household income after putting together the income of all members? **(First note down the response in the space given below and then click on the right/most suitable option from the menu provided)**

- 
01. up to 1,000
  02. 1,001 to 2,000
  03. 2,001 to 3,000

- 04. 3,001 to 5,000
- 05. 5,001 to 7,500
- 06. 7,501 to 10,000
- 07. 10,001 to 15,0000
- 8. 15,001 to 20,000
- 09. 20,001 to 30,000
- 10. 30,001 to 50,000
- 11. Over 50,000
- 98. No response